



BENTON RANGER FOOTBALL



*****YOUTH CAMP 2019*****

June 4th, 5th & 6th, 2019 the Benton High School Football Coaching Staff, Players, and special guests will be hosting a **Football Camp** for all football players going into 1st-8th Grade. This camp will take place at the **BCHS Practice Field**. Campers in **1st-4th will meet from 9:00—10:15 am**, and **5th-8th will meet from 10:30—12:00 pm** each day of camp.

Players will be taught the fundamentals of offense, defense and special teams, and have opportunities to work with individual position coaches from BCBS to sharpen their skills. We will also work on agility, running with speed, and discuss diet and exercise as it pertains to all sports and their overall health. On the final day of camp, we will collect 40 yd. dash times, have a **Punt, Pass & Kick Contest** and compete in agility drills. Athletes should arrive in shorts, t-shirts and cleats; water will be made available to the campers, but they are welcome to bring a drink labeled with their name.

WHERE: BCBS Practice Field

WHEN: June 4th, 5th & 6th.

1st-4th Grade: 9:00—10:15am, 5th-8th: 10:30 am –12:00 pm

WHO: Any 1st-8th Grader interested in playing football.

COST: \$40 for 1st child, \$25 each additional child
(Checks Payable to "Coach Groves")

You may register the first day, or mail to ->



Justin Groves—Head Football Coach

BCBS, 511 E. Main St. Benton, IL 62812

C: 618.521.7310 E: jgroves@bentonhighschool.org

Registration Form for Benton Ranger Football, Youth Camp 2018

PLEASE PRINT

CAMP FEE: \$40.00 for 1st child, \$25 each additional child.

Please include payment with Registration Form(s).

1 form per athlete.

Name: _____ Guardian Name: _____

Current School Attending: _____ Entering Grade: _____ Guardian Phone: _____

T- Shirt Size: (circle) Youth: YS YM YL YXL Adult: S M L XL 2XL 3XL

I _____ (Guardian) give permission for my child _____, to participate in the Benton Ranger Football, Youth Camp during the dates set forth on the application.

I hereby release Benton High School and all of its employees from any claims on account of injuries while participating in this camp.

